



Dear High School Administrator,

U.S. Figure Skating is the National Governing Body (NGB) for amateur figure skating as recognized by the U.S. Olympic Committee. Rocky Mountain Figure Skating Club (RMFSC) is a member club of U.S. Figure Skating, which carries out its programs and supports figure skating athletes in our local area. RMFSC would like to work with our individual member athletes' high schools to provide an avenue of recognition for these athletes to earn a Varsity letter through their High School.

RMFSC recognizes the tremendous amount of training our member athletes put into their sport. Upon reaching high school age, athletes that qualify for our suggested program train year-round to reach their goals, leaving little time to participate in an official High School sport. We believe the training time these athletes put into reaching their competitive goals is similar to other student athletes competing in official High School Varsity programs. We have developed a program for schools to honor these individual skater achievements with a congratulatory letter and a varsity letter patch. We feel the requirements we have outlined are in line or exceed those of other varsity sports. The Skater athlete will have to have their requirements signed off by their primary coach, the school, and RMFSC. RMFSC will then provide the congratulatory letter to the high school with the completed requirements check list.

The letter requirements & subsequent bars for each academic school year are as follows:

- Must be a currently enrolled student in 9th through 12th grade.
- Must maintain at least a 3.0 GPA and abide by all school academic and behavioral expectations.
- Must skate a minimum of 150 hours a year (July 1st through May 31st).
- Must train under a coach who has met the U.S. Figure Skating coaching compliance requirements.
- Must achieve at least one of the following:
 - Passed the Juvenile Free Skate Test
 - Passed the Juvenile Pairs Test
 - Passed the Juvenile Free Dance Test
 - Passed the Pre-Silver Dance Test
 - Competed at the Synchronized Skating Sectional Championships at the Intermediate level or higher.
- Must attempt at least one U.S. Figure Skating level test in any discipline (free skate, field moves, dance, or pairs). This testing requirement is waived for any skater who has passed their Senior Free Skate Test.

RMFSC - Ice Centre at the Promenade, 10710 Westminster Blvd. - Westminster, CO 80020

- Must participate in at least three U.S. Figure Skating sanctioned events or competitions.
- Must be a full member in good standing of RMFSC.
- Must personally contribute ten volunteer hours in addition to the requested thirteen volunteer hours for RMFSC.

These requirements will be initialed by the skater's coach and submitted to RMFSC. Upon completion and verification of the requirements, RMFSC will present the skater with the congratulatory letter to return to the school where they will be recognized with a letter. We hope you will embrace this program. We are proud of all the hard work and dedication these athletes exhibit and would be excited to see their athleticism embraced by their school and peers.

If you have any questions or would like more information, please contact RMFSC at rmfscpresident@gmail.com.

Thank you,

Michelle Kuehl

President

Rocky Mountain Figure Skating Club